



American Youth Soccer Organization

# CVSL Coach Information for Fall 2023





[HOME](#)

[APPAREL STORE](#)

[PICTURE DAY - COACHES ONLY!](#)

[PARENTS: CLICK HERE!](#)

[COACHES: CLICK HERE!](#)

[HOW DO I REGISTER?](#)

[REFEREES: CLICK HERE!](#)

[WHO DO I CONTACT ABOUT WHAT?](#)

[2023 SUMMER CAMPS!](#)



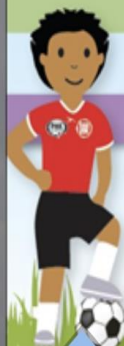
AYSO HAS BECOME THE LEADER IN YOUTH SOCCER BY USING ITS SIX PHILOSOPHIES TO ACCOMPLISH ITS MISSION.

**1** **EVERYONE PLAYS®**  
at least half of every game

**4** **POSITIVE COACHING**  
building confidence

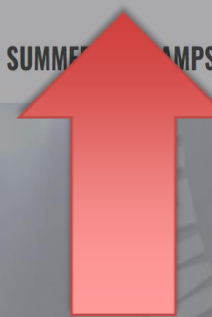
**OPEN REGISTRATION**  
register anywhere **2**

**GOOD SPORTSMANSHIP**  
winning and losing gracefully **5**



**3** **BALANCED TEAMS**  
no stacked teams

**6** **PLAYER DEVELOPMENT**  
improving skills



[CLICK HERE FOR  
THE 2023 - 2024  
PARENT  
HANDBOOK](#)

[WE FOLLOW THESE 6  
AYSO  
PHILOSOPHIES!](#)

[ALREADY  
REGISTERED?  
CLICK ON THE  
PICTURE FOR  
YOUR NEXT  
STEPS!](#)

[REGISTER TO  
VOLUNTEER!](#)

[OUR APPAREL  
STORE IS OPEN!  
CLICK ON THE  
PICTURE TO  
VISIT!](#)

[CLICK HERE TO  
VOLUNTEER FOR  
FALL 2023 FIELD  
LINING!](#)



# Coach Information on Website

## LINKS

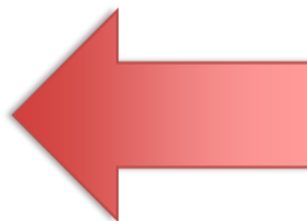
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## Training Requirements for all Head Coaches and Assistant Coaches

These are the training requirements of all Head Coaches and Assistant Coaches in AYSO.

- [Sudden Cardiac Arrest](#)
- [AYSO Safe Haven](#)
- [SafeSport](#)
- [Coach License - Age Specific Online Coach Training](#)
  
- [New Coach Orientation for all new Head Coaches and Assistant Coaches](#)

## Online Training Courses at AYSOU

Once you complete the volunteer process as a coach, you will have access to the AYSOU training site. AYSO has moved to a single sign-on process. Here are instructions to access your AYSOU training site:

<https://aysovolunteers.org/how-to-access-aysou/>

Go into the Training Library and select your course:

### Course Categories



Safe Haven



[VIEW COURSES](#)



Coaching



[VIEW COURSES](#)

## Coach Manuals at AYSOU

When you complete the training, at the end of the online web module, you will be able to download your coach manual in .pdf format. **This will serve as your Coach Manual. These are available in the Document Library** of your AYSOU site.





American Youth Soccer Organization

# Path to AYSOU and Training Verify

**SPORTS CONNECT** powered by stack

Welcome back, Scott! Your email address is shoffmann9@gmail.com.

Website Teams Reports Schedules Common

Register Now! Logout

My Account Calendar Volunteer My Orders Messages Home

Important information from AYSO

### My Roles & Certificates

**SH Scott Hoffmann** ID Number: 62393-457805  
Coach Administrator Board Member Fall 2023 AND Spring 2024 62393-457805 2012: 12U - Boys

**AYSOU**

#### Region 803 Area 6B

| Certification   | Expiration Date | Status   | Compliant                           |
|---|-----------------|----------|-------------------------------------|
| <input type="checkbox"/> Risk Status                    | 11/18/2023      | Green    | <input checked="" type="checkbox"/> |
| <input type="checkbox"/> Concussion Awareness           | None            | Verified | <input checked="" type="checkbox"/> |
| <input type="checkbox"/> Fingerprinting California Only | None            | None     | <input type="checkbox"/>            |
| <input type="checkbox"/> Sudden Cardiac Arrest          | None            | Verified | <input checked="" type="checkbox"/> |

Support



# Path to AYSOU and Training Verify

## Region 803 Area 6B

| <input type="checkbox"/> | Certification                  | Expiration Date | Status               | Compliant |
|--------------------------|--------------------------------|-----------------|----------------------|-----------|
| <input type="checkbox"/> | Risk Status                    | 11/18/2023      | Green                | ✓         |
| <input type="checkbox"/> | Concussion Awareness           | None            | Verified             | ✓         |
| <input type="checkbox"/> | Fingerprinting California Only | None            | None                 | ⚠         |
| <input type="checkbox"/> | Sudden Cardiac Arrest          | None            | Verified             | ✓         |
| <input type="checkbox"/> | AYSOs Safe Haven               | None            | Verified             | ✓         |
| <input type="checkbox"/> | SafeSport                      | 11/17/2023      | Verified             | ✓         |
| <input type="checkbox"/> | Coaching License               | None            | Advanced (19U) Coach | ✓         |

Renew & Update



## **New Coach Orientation August 28th 6:00 pm**

**For all new head coaches and assistant coaches, there will be required New Coach Orientation training:**

Required for ALL new Coaches and Assistant Coaches

Date – Monday, August 28<sup>th</sup>

Time – 6:00 pm -7:30 pm

Place – WIN Technology Office Building

4955 Bullis Farm Road

Eau Claire, WI 54701

**New Coaches and Assistant Coaches are required to come!**

Wear tennis shoes or running shoes – do not wear sandals or dress shoes!

---

## **Coach Training by P2 on Sunday September 10th**

**“What should I do?” at practice is a common concern of coaches. We have hired P2 Soccer Training instructors to facilitate age specific training for coaches on practice sessions.**

### **Location:**

Gymnasium at Robbins Elementary School, 3832 E Hamilton Ave, Eau Claire

### **September 10<sup>th</sup> Schedule:**

Noon – 1:00 pm U6 Coaches

1:00 pm – 2:00 pm U7/U8 Coaches

2:00 pm – 3:15 pm U9/U10 Coaches

3:15 pm – 4:30 pm U11/U12 Coaches

4:30 pm – 5:30 pm U14/U19 Coaches

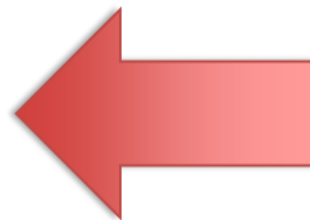




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# PRACTICE FIELD AVAILABILITY

## Fall 2023

AYSO Region 803 has the following fields available for practice use this Fall 2023. Other organizations, school and sports programs may also be using Parks & Rec sites, please share the green space with others. ECASD fields are reserved for AYSO use. The first day of practice may be August 28<sup>th</sup> (weather and field conditions permitting)

### PARKS & REC SITES STARTING AUGUST 28<sup>TH</sup>

|                    |                |                |             |
|--------------------|----------------|----------------|-------------|
| Lakeshore          | Demmler Park   | McDonough Park | Buffington  |
| Boyd Park          | Cameron Park   | Sundet         | Zephyr Hill |
| Oakwood Hills Park | Pinehurst Park | Kessler        | Mitscher    |
| Newell             |                |                |             |

### ECASD SCHOOL SITES STARTING SEPT. 1<sup>ST</sup>

**All Fields Available Friday, September 1<sup>st</sup> – No Practice October 12<sup>th</sup>**

**a. Northwoods Elementary**

Field 1 and the surrounding green area

Tuesday, Wednesday, Thursday, 4:30 pm – 8:30 pm

**b. Manz Elementary**

Field 1 and the surrounding green area

Tuesday, Wednesday, Thursday, 4:30 pm – 8:30 pm

**c. Sherman Elementary**

Field 1 and the surrounding green area

Tuesday, Wednesday, Thursday, 4:30 pm – 8:30 pm

**d. Lakeshore Elementary**

Field 1 and the surrounding green area

Tuesday, Wednesday, Thursday, 4:30 pm – 8:30 pm

**e. Meadowview Elementary**

Field 1, Field 2 and Field 3 and the surrounding green area

Tuesday, Wednesday, Thursday, 4:30 pm – 8:30 pm

**f. Robbins Elementary**

Field 1 and the surrounding green area

Tuesday, Wednesday, Thursday, 4:30 pm – 8:30 pm

**g. Flynn Elementary**

Field 2 and the surrounding green area

Tuesday, Wednesday, Thursday, 4:30 pm – 8:30 pm

**h. Sam Davey Elementary**

Field 1 and the surrounding green area

Tuesday, Wednesday, Thursday, 4:30 pm – 8:30 pm

- Please use common sense when turf is saturated or in poor condition---use an alternate area on premises or an alternate site.
- Please adhere to our field sites (above) or green space around them. Do not practice elsewhere, as our insurance does not cover other locations.
- Please make an effort to clean debris/garbage from any field after practice or play.
- Teams are encouraged to practice/scrimmage together, especially for teams with small numbers of players (U5 thru U8) for a better practice experience.



# Practice Fields

- City owned areas are free to use. First-come first-served basis. Cannot reserve.
- Eau Claire School District Sites are scheduled by our league for your use. First-come first – served basis for teams. Teams cannot reserve.

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|                    |                |                |             |
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AMERICAN YOUTH SOCCER ORGANIZATION (AYSO) - REGION 803  
CHIPPEWA VALLEY SOCCER LEAGUE (CVSL)  
**COACH INFORMATION – *Important - Read both sides please!***

**PLEASE CONTACT YOUR PLAYERS BY August 29th!** You may utilize your Team Page on our league website [www.ayso803.org](http://www.ayso803.org) to communicate with your team.

**PRACTICES.** Practices may begin on or after August 28<sup>th</sup> at City Parks and on or after September 1<sup>st</sup> at ECASD sites. Games may begin on September 9<sup>th</sup>. Consult the “Practice Field Availability Sheet” for practice locations and days we may utilize.

Practice should be scheduled for 4:30 pm or later on weekdays. Before the season begins on September 9<sup>th</sup> arrange at least one and ideally two practices for your team. Once games start, one practice is sufficient and if you are playing two games that week, practicing during the week may not be necessary.

If you do not have a co-coach present at a practice, please be aware that you must have another adult with you at all practices. You may need to ask a parent to stay if you find yourself to be the only coach there. You, as the coaches, determine when and where the team practices. If a parent is late picking up a child after a practice or game, do not leave the child unattended. Wait or have another parent wait with the child and make it clear to the parent involved that they need to be prompt.



American Youth Soccer Organization

# AYSO's SIX PHILOSOPHIES



Open Registration

Balanced Teams

Everyone Plays<sup>®</sup>

Positive Coaching

Good Sportsmanship

Player Development

# Players Must Be Registered

- May not recruit non-AYSO registered players for games
- May not include non-AYSO registered players for practices





# We Don't Keep Score



## DEVELOPMENT OVER WINNING

“One of my biggest pet peeves is youth team coaches who take winning too seriously. This has always bothered me and I always tell coaches to forget about winning with young players.

They need to create an environment where the kids enjoy playing and are developing their soccer skills. Winning should never be a priority. “

-Landon Donovan, AYSO Alumni



# Set Expectation Level

Remind parents that CVSL is a league of 900 kids, 100 teams – run by volunteers. A huge undertaking every year. Expectation levels should be set accordingly.

**Relax – Be Kind – Have Fun!**





# Team Pages

Inside the White | is there a google | Team Directory | Google | Keeper® Passwo | CHIPPEWA VALLE | coach training ini | game reschedulin |

ayso803.org/Default.aspx?tabid=806111

3CX | DocuSign | Gong | Welcome | Wisconsin Broadba... | CMG Intranet - 202... | Dashboard - ExecO... | SharePoint | Favorites | How to Install the C... | Login | Salesforce | Keeper® Password... | Google

AYSO AMERICAN YOUTH SOCCER ORGANIZATION FOUNDED 1964

CHIPPEWA VALLEY SOCCER LEAGUE A PLACE FOR EVERYONE TO PLAY


AYSO REGION 803 - CHIPPEWA VALLEY SOCCER LEAGUE

HOME APPAREL STORE TEAM CENTRAL PICTURE DAY - COACHES ONLY! PARENTS: CLICK HERE! COACHES: CLICK HERE!

HOW DO I REGISTER? TEAM DIRECTORY CALENDAR POSTED SCHEDULES

TEAM DIRECTORY

Teams

| Team  | Program                               | Division                         |
|---|---------------------------------------|----------------------------------|
| <input type="text"/>  | <input type="button" value="Search"/> | <input type="text" value="All"/> |
|  | Flames                                | 2005-2009: 16/18/19U - Coed      |
| <input type="button" value="Team Home"/>  | <input type="button" value="Roster"/> |                                  |
| <input type="button" value="Calendar"/>   |                                       |                                  |

Support

Type here to search

80°F

11:40 AM Saturday 8/19/2023





## The Rules

# Rules – Key Points

- Ball in and out of play
  - U6/U7 try to limit stoppage
  - Throw in technique not important
- Coaches on the field only at U6
- Substitution Rule – free substitution, but strongly encourage substitutions at quarter breaks



## The Rules

# Rules – Key Points

- No Goal Keepers U6, U7, U8
- Parents at opposite side of field
- No Offside Rule enforced until U12
- No Slide Tackling U10 and younger – safety
- No Talking to Referees



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# Game Time



## Condensed Rules of Soccer for the AYSO Region 803 / Fall 2023

### 1. FIELD OF PLAY (see diagram)

### 2. THE BALL

|        |             |
|--------|-------------|
| Size 5 | U14 & up    |
| Size 4 | U9 thru U12 |
| Size 3 | U8 & below  |

### 3. NUMBER OF PLAYERS

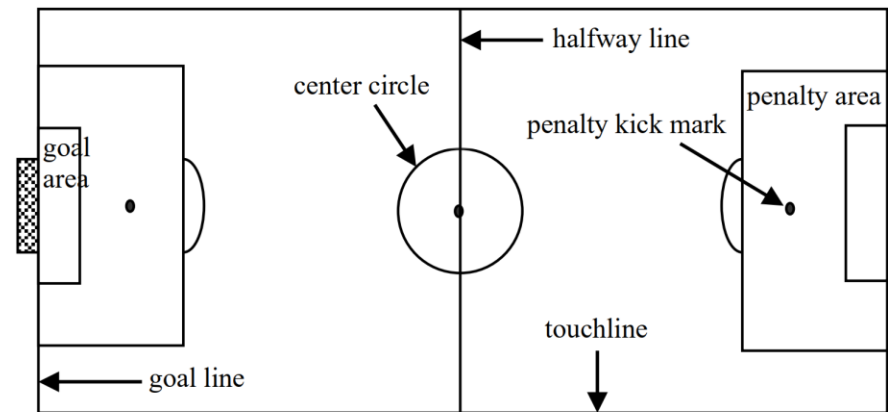
- U6 **4 per side**, no goalkeeper, no referee.
- U7&U8 **4 per side**, no goalkeeper.
- U9&U10 **7 per side** which includes a goalkeeper
- U11&U12 **9 per side** which includes a goalkeeper
- U14 & up **11 per side** which includes a goalkeeper.

### 4. PLAYER UNIFORMS

Uniform will consist of a jersey, shorts, socks, shin guards (covered by socks), and footwear. The player shall not wear anything that is dangerous to another player (jewelry, casts, improper footwear). The goalkeeper shall wear colors that distinguish him/her from the other players and from the referee. Casts (hard or soft) are not allowed in either games or practice.

### 5. REFEREES

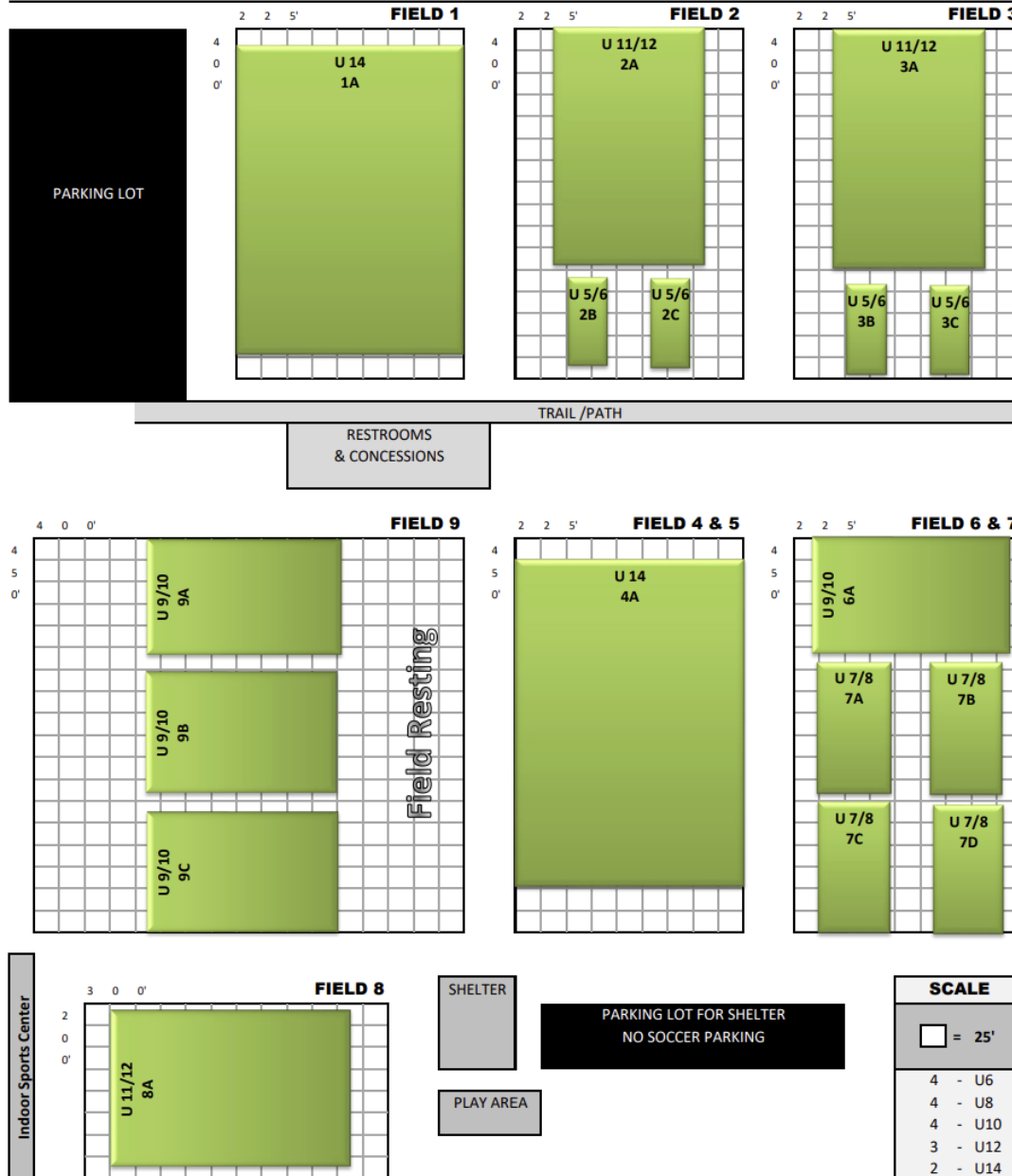
One referee shall be appointed to officiate each match for ages U8 and older. The referee is responsible for control of the game and his/her decisions are final. Registered parents who have taken the referee/linesperson clinic will be asked to act as referee on the field if an official referee is not available.



# SOCCER PARK LAYOUT - Fall 2023

Aug 28 - Oct 29

WEST HAMILTON AVENUE



# Check Anchoring of Goals Before Games

## Soccer goal deaths: This has happened before

U.S. website says soccer nets have caused 38 deaths since 1979

CBC News | Posted: Jul 31, 2014 10:52 AM ET | Last Updated: Aug 01, 2014 1:30 AM ET



Ontario girl, 15, dies after soccer net accident 1:49

651 shares



Facebook



Twitter



Reddit



Google+



Share



Email

### Related Stories

■ Jaime Palm death:

At first it sounds like a freak accident: A soccer net topples, killing a young person on a playing field, a place where kids are supposed to be safe.

But accidents involving soccer goals like the one **that killed a 15-year-old girl Wednesday afternoon** in Bradford, Ont., north of Toronto have happened before.

The girl was playing on the field with a friend when she became trapped under the crossbar of an overturned soccer net, according to South Simcoe police. Friends and teachers have identified the girl as Jaime Palm.

Unable to lift the heavy net, her friend called 911. Palm was rushed to hospital, where she died.

Police are investigating what caused the net to tip over but other — almost identical — accidents have prompted a push in some jurisdictions for laws requiring that soccer nets be anchored to the ground or switched out in favour of safer, tip-proof designs.

Stay Connected



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### Latest Toronto



- Pedestrian c
- New Aga Kh
- Driveway sir
- Grits dismis  
booze sales

### Must Watch

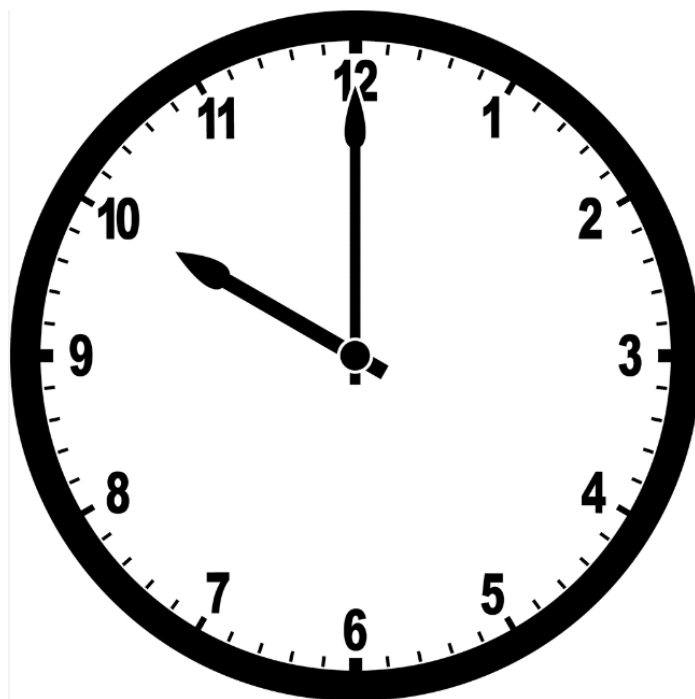


If you find goal is not properly anchored, contact me and do not play your game

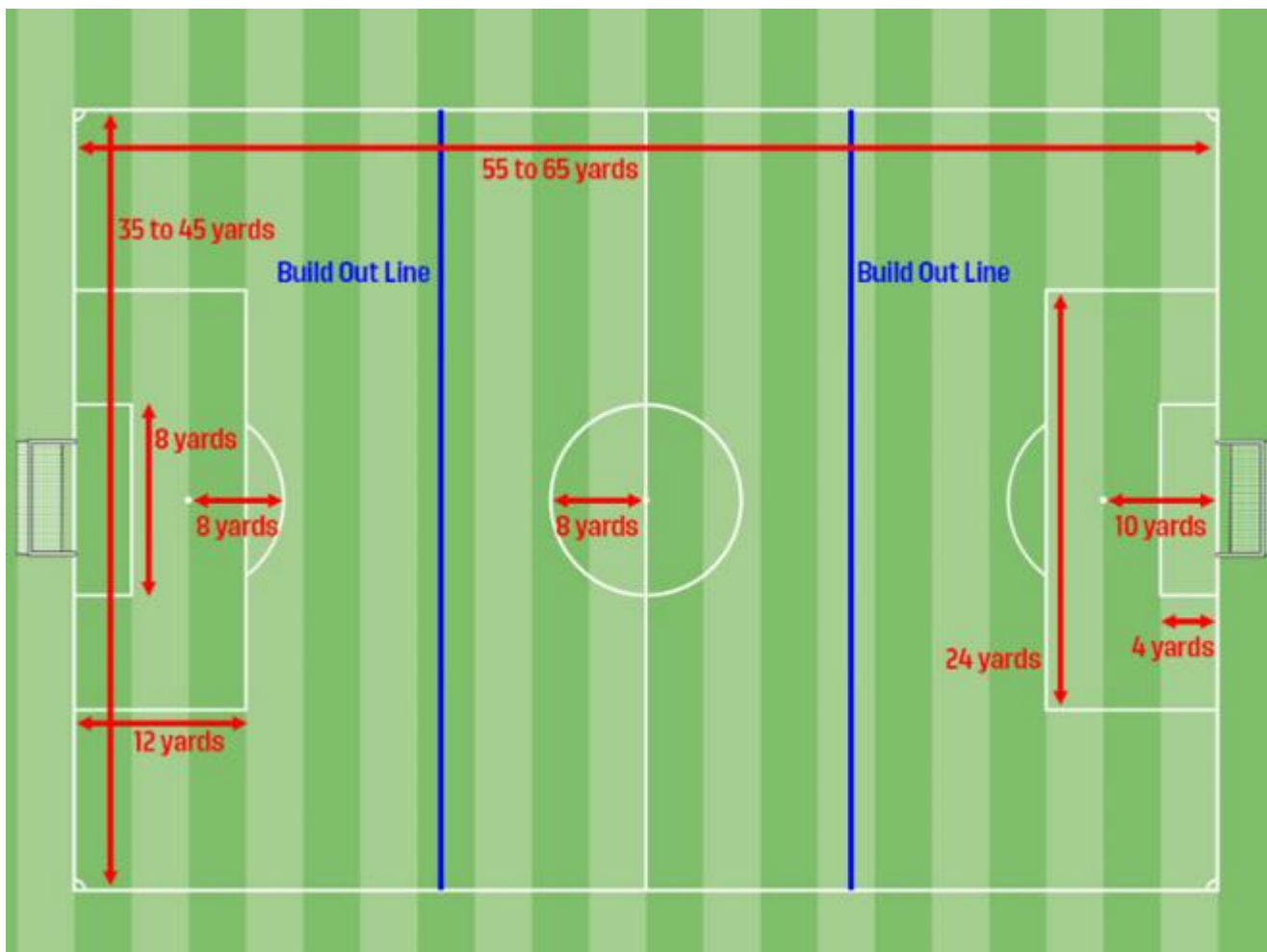




# Start Games On Time



# Build Out Line U9/U10





# *“Joy Sticking”* During Games

- Joysticks are used to control computer games.
- In soccer, the term is used to refer to a coach who constantly yells out instructions to his players.



**“GO! GO!”**

**“RUN!”**

**“PASS!!”**

**“SHOOT!!”**



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# Recommended Approach

- Relax
- Smile
- “Well Done!”
- Enjoy the Game
- **Have Fun!**







# American Youth Soccer Organization



# Comments

- Running up scores
  - Strive for balanced teams – not always successful
  - Want everyone to have positive experience – both teams
  - Find a way to “pull back”..... possible ideas:
    - Strongest player(s) on defense
    - Encourage players to continue passing
    - No shots within the penalty area
  - At the discretion of the “winning” coach to make determination when lead is large enough to “pull back”







# Hi Fives Post Game





American Youth Soccer Organization

# Support Our Referees





American Youth Soccer Organization

Referee Administrator:

Joe Rapienski [aysosoccerref@gmail.com](mailto:aysosoccerref@gmail.com)



# **Game Rescheduling Information**

**Game rescheduling has always been a difficult process for our league, primarily due to the coordination effort required to do so. Here is the process for coaches to follow:**

- 1) Reschedule only if you know in advance that you will not have enough players to field a team
- 2) You are allowed to “borrow” a player from another team. Let the Coach Administrator know in advance of this via email.
- 3) Contact the other coach to let him/her know you will be short players. Ask the other coach if they have enough subs to loan players to you throughout the game.
- 4) If no other options to fill your team out for a game – look to reschedule.

**Contact our Game Scheduler Jessica Pederson at [Schedule@ayso803.org](mailto:Schedule@ayso803.org) to begin the process.**



# Miscellaneous Stuff

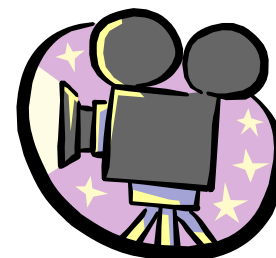


- Hold your equipment after the fall season for the spring season.
- Flags away after games.
- Equipment boxes at soccer park.
- Bags will have equipment tags this year to assist in tracking and return of bags.




American Youth Soccer Organization

# Picture Day





## U16C Equipment

| Team Name  | Bag #   | Coach's Name/Initials                                      |
|------------|---|--|
| Hurricanes | U16C<br>1602  | Joseph Baiocco <b><u>JB</u></b><br>Sarah Furst <u>    </u> |

1 2 5 4

1. Find your team name
2. Find your team number
3. Find your team bag
4. Check out your bag
5. QR codes will be logged after meeting by equipment nerd – no further action by coach!



# Heading the Ball – Banned at U12 and Younger

Consistent with the U.S. Soccer mandates on heading the ball, heading is banned for all division players U-11 (U-12 and below for programs without single age divisions) and below in both practices and games. **Chippewa Valley Soccer League does not have a U11 Division – therefore heading is banned at the U12 and below divisions in the Chippewa Valley Soccer League.**



Heading for players in U-14 is limited to a maximum of thirty (30) minutes per week with no more than 15-20 headers, per player. There is no restriction on heading in matches.

The Guidelines state that the prohibition is on deliberate heading, not unintentional heading.

So, a player whose head is hit by the ball, but did not clearly intend for it to do so, is not guilty of an offense. In addition, should a player get hit in the head with the ball with significant force to cause concern, stop play and restart as you would for an injury.

“If it’s deliberate, do you always enforce the requirement?” The short answer is yes, if the heading is deliberate, it must be called; even advantage cannot be applied (as in the case where a defender deliberately heads the ball and inadvertently scores an own goal).

The restart for deliberate heading is an indirect free kick, at the point of the infraction; unless it happens in the attacking goal area, in which case, as with any other indirect free kick offense, the restart is on the goal line, nearest to where the offense happened, parallel to the goal line.



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# Be Positive, Make it Fun and Have Fun!!

